



Symptoms You May See

- Irregular breathing
- Skin color changes, purplish or blue
- Not eating or drinking
- Tired and feeling heavy
- Emotional changes
- Withdrawal from those who are there
- Talking with people who are not there
- Unable to be awakened

Ways to Help

Needs of the Dying

- Keep the person away from others if possible
- Keep the area clean and dry
- Do not worry if they cannot eat or drink
- Pray with them and sing songs

For the Caregiver(s)

- Wear a mask, gloves, apron, and head covering before entering the room and during care.
- Carefully remove protective clothing after leaving. Wash them if possible.
- Wash hands for 20 seconds after cares and after leaving the area.
- After the person has died, do not kiss or hug them.
- Keep burial rituals/ceremonies to less than 10 guests and keep distance between them.
- Those handling the body should keep protective clothing on until the person has been cremated or buried.





Caring for the Dying at Home

Initial symptoms of COVID-19 may start with fever, coughing, difficulty breathing, and tiredness. The illness may reach a point when a person may not survive the disease. This pamphlet will show families how to stay safe while caring for the person they love who may be dying.

**Medical Ambassadors International
and Global CHE Network**

Acknowledgements

<https://www.cdc.gov>

ELNEC, 2013, End of Life Nursing Education Consortium.

Karnes, B. (2019). *Gone from My Sight: The Dying Experience*.
Vancouver, WA: Barbara Karnes Books.

<https://nfda.org/covid-19>

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